

# LaSalle Mariners Yacht Club

## 47<sup>th</sup> Annual Shakedown Race

May 20<sup>th</sup>, 2023

### Sailing Instructions

Hosted by LaSalle Mariner's Yacht Club (LMYC), LaSalle, Canada

#### 1 RULES

- 1.1 This regatta shall be governed by the rules as defined in the Racing Rules of Sailing 2021 - 2024 except where modified by the Notice of Race and Sailing Instructions. The Prescriptions of Sail Canada will apply. These can be found at [www.sailing.ca](http://www.sailing.ca)
- 1.2 The Essex County PHRF Class Rules apply
- 1.3 PHRF boats unable to meet the Essex County PHRF Class Rules minimum crew requirement must race in the PHRF Short Handed Division.
- 1.4 The Equipment Rules of Sailing shall be used.  
[www.sailing.org/documents/equipmentrules/index.php](http://www.sailing.org/documents/equipmentrules/index.php)
- 1.5 The Canadian Shipping Act - Small Vessel Regulation (required safety equipment) shall apply - [laws-lois.justice.gc.ca/eng/regulations/SOR-2010-91](http://laws-lois.justice.gc.ca/eng/regulations/SOR-2010-91)
- 1.6 Boats shall carry proper sail numbers on main sails, spinnakers and any head sails attached having a luff perpendicular exceeding 130%. Yachts without proper sail numbers may be subjected to protest.

#### 1(a) PHRF SHORT HANDED RULES

- 1a.1 Section 1 "Race Rules" shall apply, with the exception noted in 1a.2.
- 1a.2 Boats shall race with a maximum of 2 persons onboard.
- 1a.3 The use of a self-steering device is permitted.
- 1a.4 Boats in the Short Handed division are not eligible for the Avco Cup.

#### 2 NOTICE TO COMPETITORS

- 2.1 Notices to competitors shall be posted on the official notice board inside LaSalle Mariners Yacht Club. Notices shall also be posted online at [noticeofrace.net](http://noticeofrace.net) and [lasallemariners.ca](http://lasallemariners.ca)